



Do you have a Dream? Describe it: _____

Can you see Juice Plus+ making your Dream come true? Yes ... No ... teamjp.net/dreams

Do you have a One Year Goal to bring you closer to realizing that Dream? _____

Express it in terms of Others - number of customers, team members, qualifiers. teamjp.net/goals

How realistic is that One Year Goal? What will it take to become a reality? _____

How confident are you of achieving it by 12/31/2012? Totally... somewhat... not very...

Commit to achieving that Goal by the Dallas Conference: "By 9/30/2012 I am/have _____

Make it 20-30% more challenging than you believe is possible (Tommy Newberry). teamjp.net/goals2

Where will you be by Phoenix to be on track? "By 3/31/2012 I am/have _____

Express the goal in terms of Others - number of customers, team members, qualifiers. teamjp.net/goals

Do you have Plan to get you to that Goal? Describe it: _____

Build a 7 Goal plan using the template and based on the real-life example at teamjp.net/goals

Are you Committed to that Plan? Will you ask someone to coach you and hold you accountable? Yes... No...

Will you take the 90 Day Challenge to set goals and act on that Plan? Yes... No... teamjp.net/90daychallenge

What will that look like? _____

To make that possible, what will you say "no" to? _____

What will you do faithfully every day? _____

Read your Goals daily, commit to them and take disciplined action teamjp.net/dmo